

PRE-SESSION CHECKLIST

A FEW WEEKS BEFORE

- ☐ Help me get to know you, answer my questionnaire.
- ☐ Schedule Pre-session consultation (optional).
- ☐ Pick a Location (review location guide if needed).
- ☐ Plan your outfits (starting with Mom!).
- ☐ Start talking about the session with your family and build excitement.

THE WEEK OF

- ☐ Try on everyone's outfits, including shoes and accessories.
- ☐ Steam or iron anything that needs it.
- ☐ Finish any haircuts or beauty appointments a few days before your session. (Don't forget your nails)

THE DAY OF

- ☐ Everyone is fed, hydrated, and dressed before you leave.
- ☐ Bring any essentials your family might need (water, snacks, diapers, etc.).
- ☐ Leave early so you can arrive relaxed.
- ☐ Remind Everyone - this is about spending time together - not performing for the camera.

ONCE WE START...

- ☐ Let the kids be kids.
 - ☐ Focus on each other more than the camera.
 - ☐ Trust the process and have fun.
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The best photographs happen when everyone feels loved, relaxed, and free to be themselves.

Everything in this guide is simply designed to help create those moments. Once your session begins, let go of the checklist, be present with your people, and let me take care of the rest.